



INDIAN SCHOOL AL WADI AL KABIR

DEPARTMENT OF EVS (2021 – 2022)

TOPIC: CLEANLINESS

WORKSHEET 1

RESOURCE PERSON: Mrs. Aditi Mathur

NAME: _____ CLASS: II SEC: _____ DATE: _____

Q1. Cut, sort and paste the waste items given in sheet B into the appropriate columns of recyclable/reuse or compost, based on their way of disposal.

RECYCLABLE/REUSE	COMPOST

Q2. Circle the pictures which show clean surroundings.



Q3. By looking at the pictures, mention the three ways that we can dispose the garbage properly.



SHEET B





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WORKSHEET 2

RESOURCE PERSON: Mrs. Aditi Mathur

NAME: _____ CLASS: II SEC: _____ DATE: _____

Q1. With the help of the picture clues given, write the different ways in which we can keep our bodies healthy.

Picture Clues	Ways to keep our bodies healthy
	
	
	
	

Q2. Give reasons for the following statements.



1. We should play indoor games with family and friends.

2. We must keep our bodies clean.

Q3a. Yesterday, Sam slept very late at night and woke up early as he had his online class. He slept for 5 hours at night. In the morning, he was feeling very tired. Why do you think Sam was feeling tired in the morning?

Q3b. While doing his online class, he was sitting in the position as shown in the picture below. Later, he realised that his shoulders were paining a lot.



a. **The position in which we hold our body when we sit, stand or move around is called a _____.**

b. **Why do you think Sam's shoulders were paining?**



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Spell Check Worksheet

RESOURCE PERSON: Mrs. Aditi Mathur

NAME: _____ CLASS: II SEC: _____ DATE: _____

Q1. Fill in the missing letters for the following words from the unit, 'Cleanliness' and write each word three times for practice.

p_st_re	ga_b_ge	Co_po_t
rec_cl_	cle_nline_s	e_erci_e
disp_s_l	hea_th_	s_rr_und_n_s



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Chapter Checkup

RESOURCE PERSON: Mrs. Aditi Mathur

NAME: _____ CLASS: II SEC: _____ DATE: _____

Q1. Answer the following questions.

1. What is posture? Why should we maintain the correct posture?

2. Why should we dispose the garbage properly?

3. Write two ways in which we can keep our bodies healthy.

4. What are the three ways of garbage disposal?

Q2. State 'True' or 'False' for the following statements.

1. Cans and bottles can be turned into compost. _____
2. We must dispose garbage properly. _____
3. Exercise makes our body unfit and weak. _____
4. Playing indoor games makes our mind alert. _____

Q3. Look at picture given below carefully and the answer the following questions.



a. Which form of exercise is the boy doing?

b. What is the benefit of doing this form of exercise?

Q4. Give any two examples for the following:

1. Can be turned into compost –

_____ / _____

2. Can be reused –

_____ / _____

3. Can be recycled –

_____ / _____